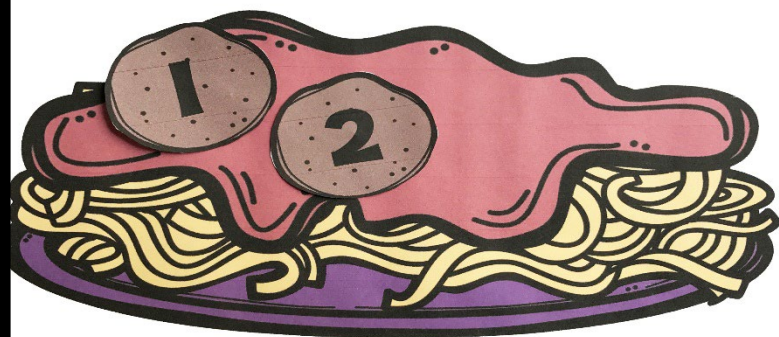


# Anger Management Tools for Elementary Students

MY CALM DOWN  
BOOK



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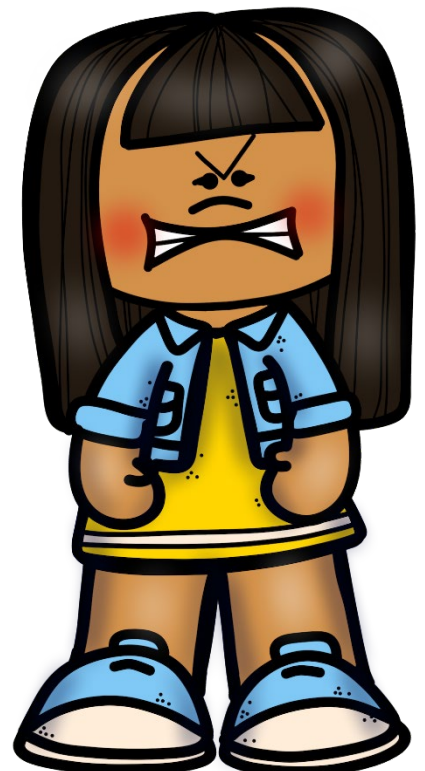


# HOW TO DEAL WITH ANGER



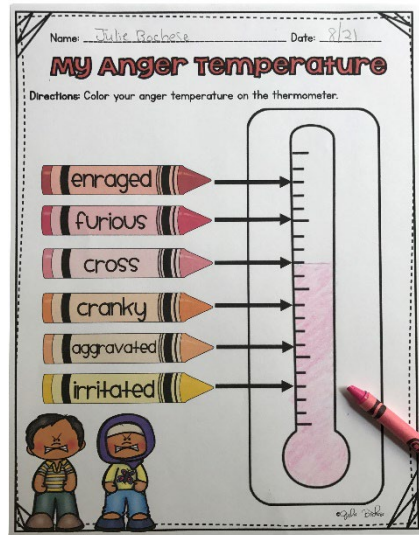
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# WHAT IS INCLUDED?

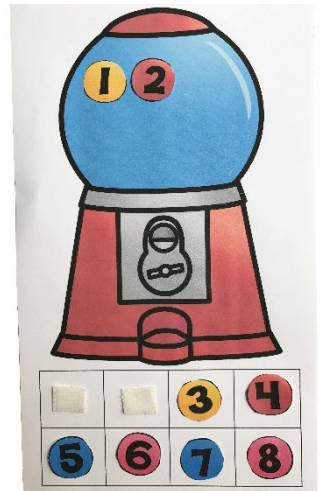
Anger  
Temperature  
Chart



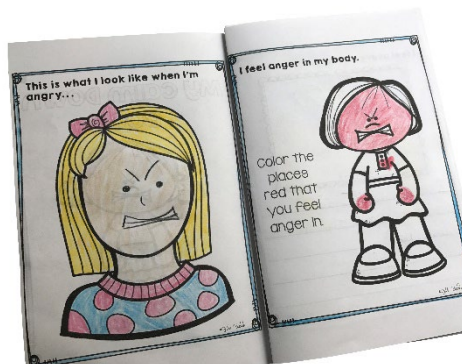
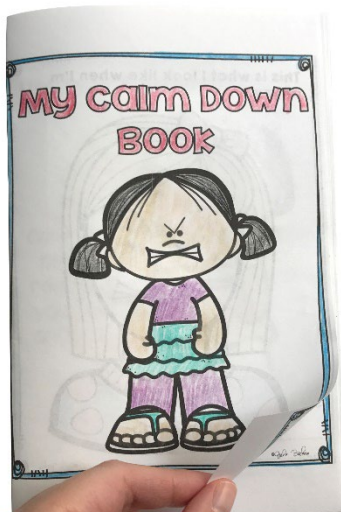
Calm Down  
Choice Cards



Calm Down Breathing Activities

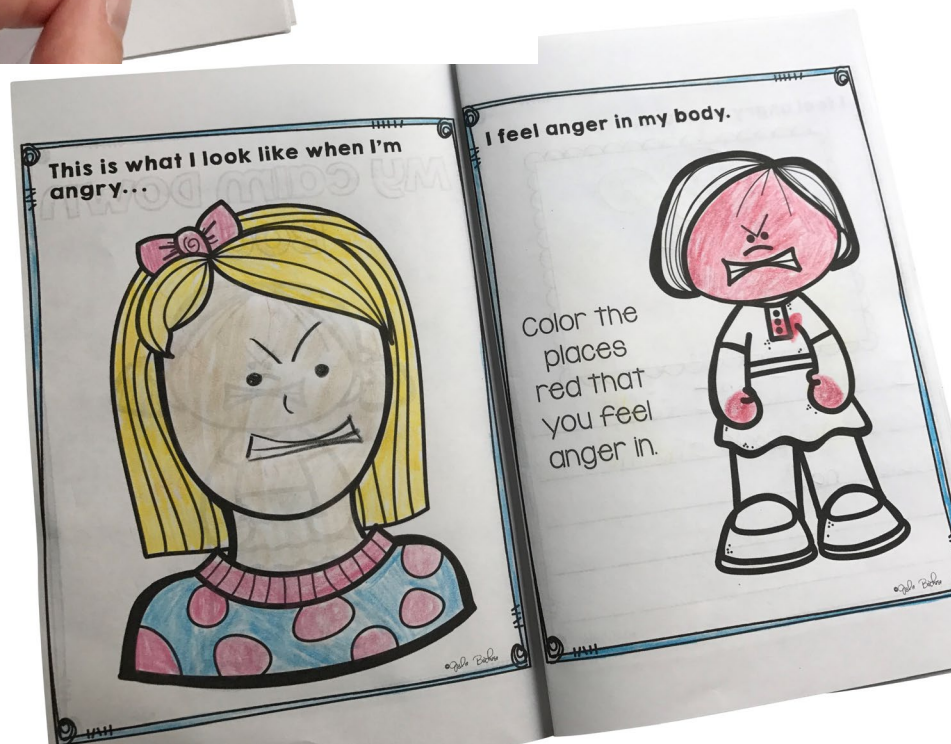
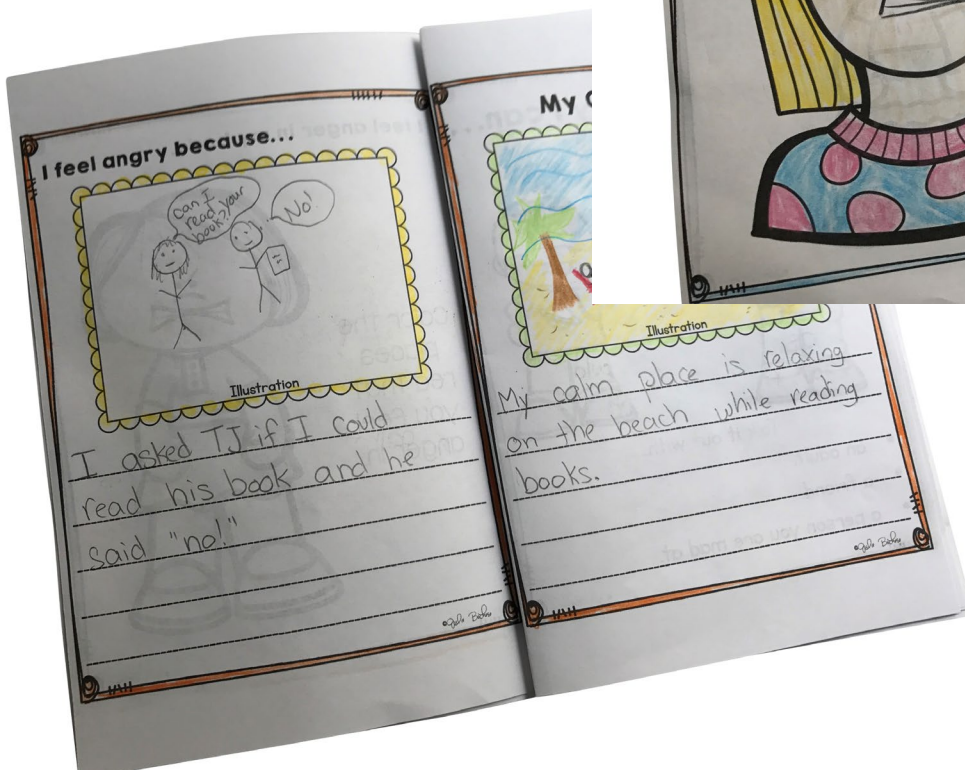
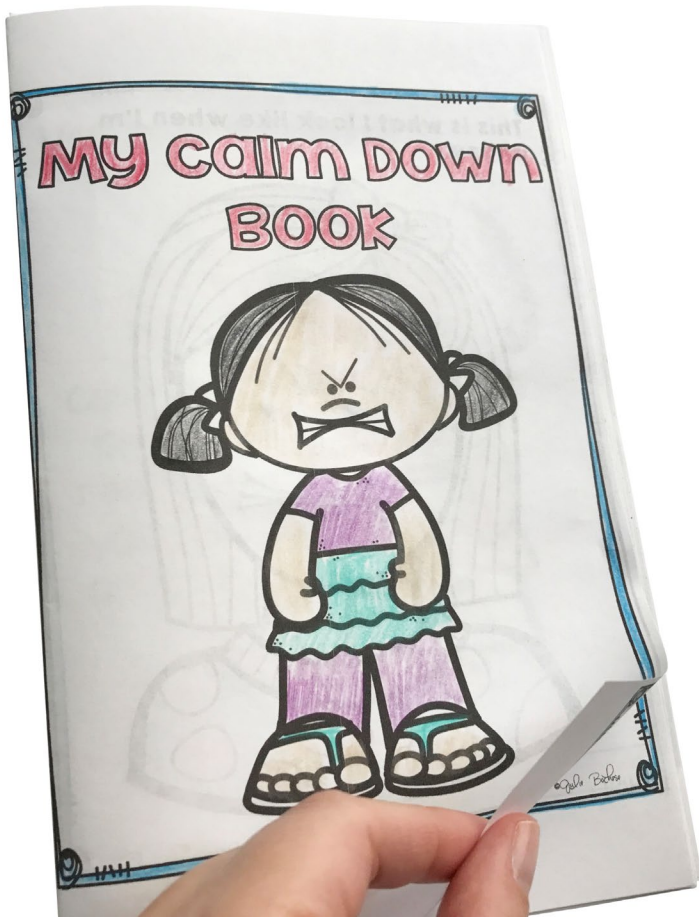


Calm Down Book



Steps To Calm Down  
Book & Puzzle



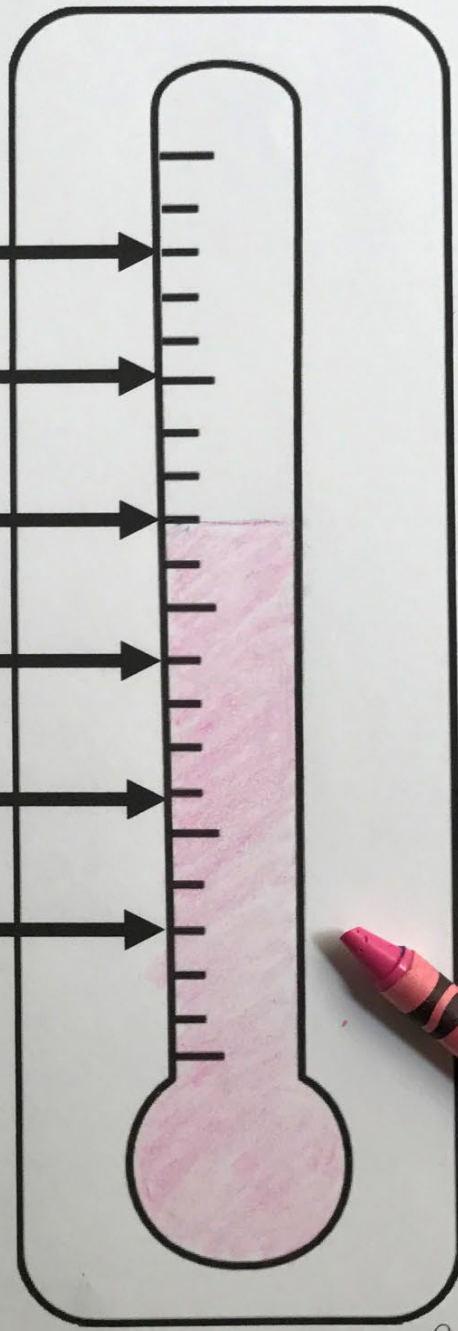
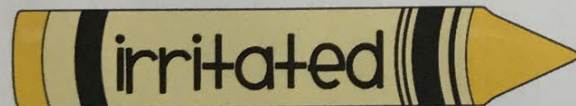
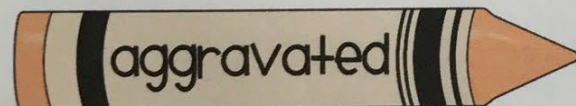
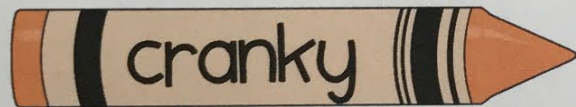
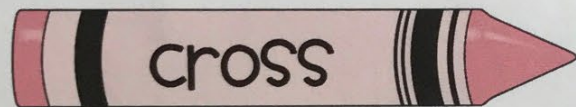
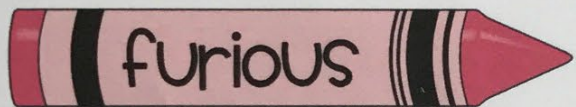
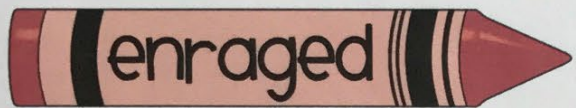


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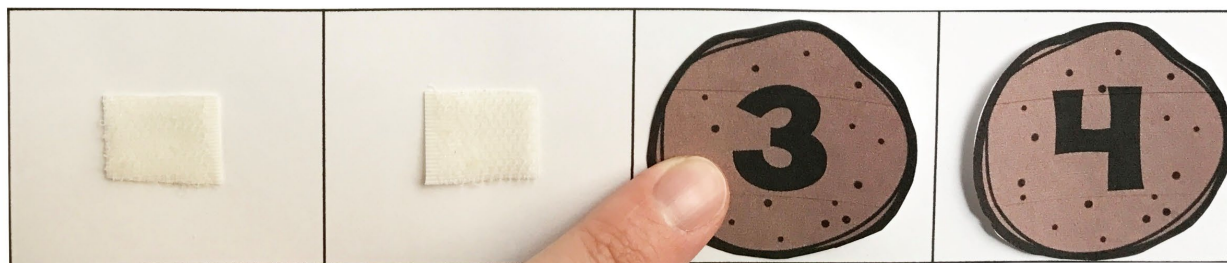
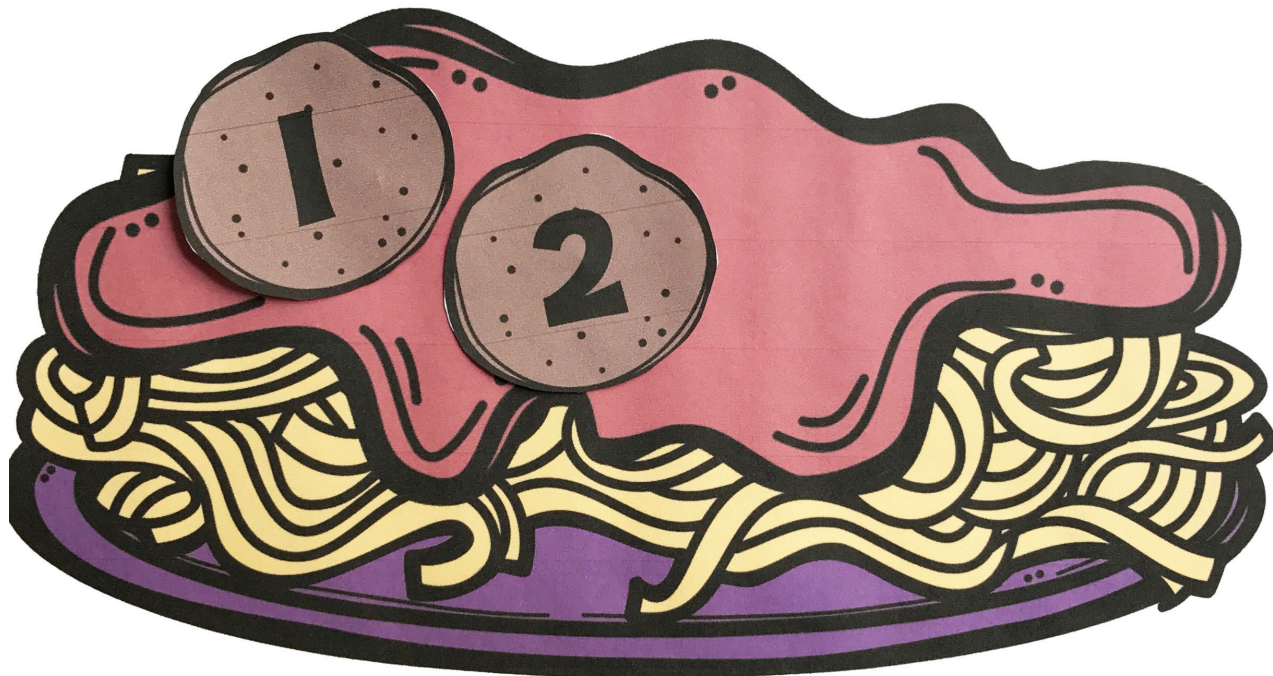
Date: 8/21

# My Anger Temperature

Directions: Color your anger temperature on the thermometer.



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