

# VIRTUAL BIOGRAPHY

## Wilma Rudolph

### Exploring Body Systems

the muscular system, the \_\_\_\_\_ system,  
the nervous system help our bodies move.

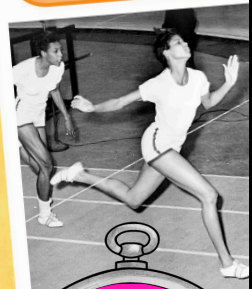
2. Our muscles contract and \_\_\_\_\_.

3. Our \_\_\_\_\_ support our body.

4. Our \_\_\_\_\_ sends signals to our body parts.

Together, these three \_\_\_\_\_ help our  
bodies \_\_\_\_\_. They also helped Wilma Rudolph  
run so fast and win many races!

Fill in the blanks to complete  
sentences! Then, reflect  
body supported her about  
the fastest woman



Sports Stars



# Integrates Reading Skills

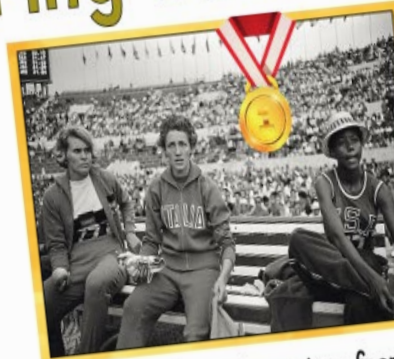
## Comparing Source

Click [here](#) to read an article about  
Wilma Rudolph.

Then, on the next slide, compare  
the article that you read with the  
biographical video you watched.

How are the two sources similar?

How are they different?



Why might it be important to gather information from  
multiple sources when you research something/someone?

# Engaging & Educational Media

## Wilma Competes

Watch the video about Wilma Rudolph twice. The first time, pay attention to the words and descriptions. The second time, closely observe Wilma race. Then, fill out the video elements below.



subject:

setting:

purpose:

# Critical Thinking



## Exploring Body Systems

1. The muscular system, the  system, and the nervous system help our bodies move.
2. Our muscles contract and .
3. Our  support our body.
4. Our  sends signals to our body parts.
5. Together, these three  help our bodies . They also helped Wilma Rudolph run so fast and win many races!

Fill in the blanks to complete the sentences! Then, reflect on how Wilma's body supported her ability to become the fastest woman in the world!



# Interactive Timeline

## Create a Timeline

Watch the mini biography to learn about Wilma Rudolph. Then, fill in the timeline below of some of the major events in Wilma's life.



| Birth | 4 years old | 12 years old | 16 years old                                                                      | 20 years old | 22 years old | 54 years old |
|-------|-------------|--------------|-----------------------------------------------------------------------------------|--------------|--------------|--------------|
|       |             |              |  |              |              |              |

# Write a Postcard

Write a postcard

to a friend or

family member

telling them about

the amazing Wilma

Rudolph.

Be sure to include

two facts about

her life and/or

identity and tell

them what Olympic

sport you would

like to compete in!

## Write a Postcard

